

# Love and Respect

If you are interested  
in growing or  
repairing your  
marriage, or if you  
have questions,  
Contact

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**ENGLISH LAKE**  
Church

Love and Respect (based on the book “Love and Respect” by Emerson Eldredge) is a six session, weekly video series designed to **equip and strengthen marriages**. Conducted in small groups in the comfort of a home atmosphere, couples learn together to *see and understand how God created men and women differently and how that affects their marriage relationships*. We learn how marriages are strengthened as couples learn to 'love' and 'respect' one another. The author states, "We believe love best motivates a woman and respect most powerfully motivates a man. Research reveals that during marital conflict a husband most often reacts when feeling disrespected and a wife reacts when feeling unloved. ...Though we all need love and respect equally, the felt need differs during conflict, and this difference is as different as pink is from blue!" We invite you to come and grow in understanding and using tools like these in your marriage relationship. (It applies in other relationships as well!)

